

Wild Edibles, Flowers & Bees

Description

Grass is not a uniform monoculture of green; it is a diverse system composed of dozen of plants and teeming with insects. All these different plants have their own story and many plants are extremely nutritious and edible. We will learn about plant identification, genetics, breeding, bees, honey, and discuss “what is a weed?” Students will forage for these wild foods and together we will make beautiful salads to share.

Key Learning Outcomes

- food and nutrition
- bees and honey
- plant genetics and history
- outdoor education
- exercise



Time Frame

45-60 mins

Materials

- forks
- metal or plastic bowls
- plastic bags to collect salad

Time of Season

- June-October

