

## Requirements for becoming a PACT LifePlan Coaching Coach

PACT LifePlan Coaches provide professional coaching, mentoring and guidance to youth in serious and/or repeat conflict with the law and middle school students aged 12-14.

### Professional coaches interested in applying to become a LPC coach must:

1. Have completed all requirements of a coach training program at an ICF-accredited coach training school and/or already be certified by the International Coach Federation (ICF) or other reputable association
2. Have demonstrated life coaching experience and has some past experience working/volunteering or engaging with youth in some productive capacity
3. Be willing to commit to LPC for a minimum of 18-24 months, **including attending a minimum of four monthly coach meetings** before being assigned a client.
4. Be available to travel within Toronto and meet with youth clients for WEEKLY in-person coaching sessions for a minimum of one year
5. Be willing to attend quarterly check-ins and other important client-related meetings with parents, teachers, probation officers, the LPC program manager and others.
6. Be willing to document all coaching sessions and client progress in a secure online database following PACT's specific documentation requirements.
7. Be willing to participate/attend monthly Zoom and occasional in-person coach meetings.
8. Have a growth mindset and be willing to participate in occasional professional development activities, training workshops and team-building events
9. Complete a full Vulnerable Sector Screening Police Reference Check, sign a Confidentiality Agreement and a PACT LPC Coach Commitment and Agreement.
10. Adhere to all PACT general Policies and Procedures, including the specific and sensitive confidentiality and privacy requirements around working with youth in conflict with the law
11. Be willing to participate in the evaluation of the LPC program.
12. Have a caring, empathetic and genuine personality type and be a team player ready to integrate into and actively engage with the existing and supportive PACT LPC coaching community.
13. Provide a current resume and be available for an in-person interview.

\*PLEASE NOTE: While PACT compensates at a charitable rate of \$125/hour for each weekly coaching session (as well as for other related costs such as travel and approved client expenses) there is an additional volunteer commitment required related to such things as travel time, documentation and attending monthly coach meetings.



## **Eligibility for being a candidate for the PACT/Adler Coach Training Bursary:**

Potential candidates,

- 1) Must agree to all the criteria for becoming a PACT Life Coach besides the required training and experience.
- 2) Must demonstrate that they do not have the financial means to pay for the coach training themselves.
- 3) Must have the learning capacity, ability and stability to complete the Adler coach training and all other practicum requirements.
- 4) Must have a demonstrated interest and passion (or even better previous experience) in working with and supporting at-risk youth.
- 5) Potential candidates who have their own past similar lived experience, challenges and backgrounds as our LPC clients, is an asset.
- 6) Potential candidates who demonstrate their commitment to PACT and LPC by getting involved/volunteering in other program areas is an asset.
- 7) Must provide a current resume and be available for an in-person interview.